

Bereavement Services on the North Shore

Community - Individual Counselling:

1) Family Services of the North Shore

604-988-5281

Provide individual counseling to assist those grieving a loss. Fee is typically \$100 per session, but if you live or work on the North Shore you can apply for a sliding fee scale. Sliding fees are provided based on proof of gross household income.

2) Living Systems

604-926-5496

Offers grief counseling to individuals and families. Fees on a sliding scale.

Community - Support Groups:

1) North Shore Grief Recovery

604-979-1600

Offer small weekly grief support groups, typically 6 weeks and there is a cost for joining the group (approx. \$120). Group typically meets at the Highlands United Church on Edgemont Blvd.

2) Widows' Network

604-988-8420

Support group for widows on the North Shore. Membership is currently 85 individuals and they are always accepting new members to the group. They have a general meeting every 3rd Wednesday of the month at the Gloria Day Lutheran Church and sponsor many other activities for widows throughout the year. The president of the group is Judi Whyte and she can be reached at 604-925-0487.

3) Youth Living With Loss

Email: ylwlgroup@gmail.com

Meet twice a month for approximately 2 hours. Participants are typically in high school. Not a drop-in, registration is required.

4) Children's Grief Group

Email: info@campkerry.org

Facilitated peer support group for children aged 5-12 years who have experienced a loss.

Private Practice:

1) Mary Coleman, MSW/RSW

778-938-4425

Offers individual, couple and family counseling in the evenings.

1) Danielle Schroeder, MA, CCC

Registered Clinical Counsellor
(604) 290-6642
danielle@canopyhealth.ca
www.canopyhealth.ca
149-1233 Lynn Valley Road, North Vancouver

Information and Referral:

1) BC Bereavement Help Line
604-738-9950 or toll free 1-877-779-2223
Telephone helpline that provides support, information and referrals to bereavement services in communities throughout the province of B.C.

2) Seniors' One-Stop Information Program
604-983-3303 or 604-925-7474
Provide information on services and programs on the North Shore for seniors.